

CARMEN AND JOHN THAIN CENTER FOR PRENATAL PEDIATRICS

Expertise and exceptional outcomes
for both mother and baby.

NewYork-Presbyterian/
Morgan Stanley Children's Hospital
Carmen and John Thain
Center for Prenatal Pediatrics

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childrensnyp.org/mschony



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“In the two days from the time of the ultrasound to our appointments at the Center, we went from despair to cautious optimism.”

Father of a baby with a congenital diaphragmatic hernia

- YOUR FIRST CHOICE
WHEN A FETAL ANOMALY IS DETECTED
- CLINICAL EXPERTISE
- COMPASSIONATE COORDINATED CARE FOR
YOU, YOUR BABY AND YOUR FAMILY
- BECAUSE WE UNDERSTAND
THAT IT'S MORE THAN JUST A DIAGNOSIS

Welcome from the Director



At the Carmen and John Thain Center for Prenatal Pediatrics at NewYork-Presbyterian Morgan Stanley Children's Hospital/ Columbia University Medical Center, we know pregnancy involves caring for two patients — mother and baby. In high-risk cases, where the baby has a birth defect, the unborn child requires the expertise of pediatric specialists, while the mother may need specialized adult care.

Center patients benefit from the resources, research and world-renowned expertise and experience of our physicians. We understand that optimal care for these complex cases is best achieved by facilitating collaboration and communication across multiple specialties. Leading specialists across numerous disciplines provide a full range of prenatal diagnostic testing, consultations, genetic counseling and pregnancy management, within a caring and supportive environment. The Carmen and John Thain Center for Prenatal Pediatrics is the only such comprehensive center truly integrated into a children's hospital in the New York, New Jersey, Connecticut region, and one of only a few worldwide.

We believe the best outcomes are a result of multidisciplinary collaborative care, where there is active communication among specialists. We're proud to be part of this comprehensive effort setting a new standard of family-centered, advanced fetal care and compassionate support for women with high-risk pregnancies and their families.

We understand what it means to suddenly be transitioned from a low-risk pregnancy to a high-risk one. From your first contact with the Center, we are here to "hold your hand" — managing your care every step of the way and providing support of you and your family throughout your care.

L. Simpson

Lynn L. Simpson, MD

Medical Director
Carmen and John Thain
Center for Prenatal Pediatrics
NewYork-Presbyterian
Morgan Stanley Children's Hospital/
Columbia University Medical Center



“You’ve touched our lives in such an important and permanent way. If it weren’t for you, we would not be here today with our precious little girl.”

Family whose baby was diagnosed with a brain abnormality

It is often overwhelming for a family to discover their baby may have a fetal anomaly or genetic syndrome. Accurate, prenatal diagnosis is essential to helping neonatologists and pediatric surgeons deliver therapies that will result in optimal outcomes for patients. Once considered untreatable, many of these abnormalities can now be treated successfully with early intervention in the neonatal period.

The Carmen and John Thain Center for Prenatal Pediatrics at NewYork-Presbyterian Morgan Stanley Children’s Hospital is a leading center in the management of high-risk pregnancies. One of only a few such comprehensive centers worldwide, our mission is to help pregnant women and their families when a birth defect or genetic syndrome is suspected before the baby is born. Our patients look to our renowned team of both prenatal and pediatric experts to achieve the best possible outcome for mother and baby.

AN INTEGRATED TEAM APPROACH

Pregnancies involving a birth defect or genetic syndrome typically require consultation with several specialists and a variety of diagnostic tests or therapeutic procedures over multiple visits.

At the Center, we believe that optimum prenatal and neonatal care for these complex cases is best accomplished collaboratively — with specialists across many departments working together with family members and referring physicians to form a unified care team.

At the Center, you’ll benefit from:

- o The highest level of specialized care and advanced therapies
- o Convenient, single point of access to virtually any specialty or sub-specialty you may require
- o The Center’s leadership in organizing your coordinated care between departments
- o Active communication among all specialists, family members, and referring physicians

COMMON FETAL ANOMALIES

Designated as a Regional Perinatal Center, we provide the highest level of specialized care to pregnant women and newborns for both common and rare high-risk cases, including:

- o Congenital Heart Disease
- o Chest Abnormalities
- o Central Nervous System Abnormalities
- o Urologic Abnormalities
- o Abnormalities Specific to Multiple Gestation
- o Abdominal Defects
- o Skeletal Abnormalities

Our Neonatal Intensive Care Unit (NICU) is part of the Regional Perinatal Center designation as well and is one of the busiest and most highly regarded units in the country, caring for more than 1,000 critically ill infants each year.

COMMITMENT TO FAMILY-CENTERED CARE

We understand that a pregnancy complicated by a suspected fetal anomaly brings many worries to parents and other family members. That's why we support the needs of the whole family, answering your questions, helping you understand medical information, communicating test results in a timely manner, and building confidence that every resource, including advanced diagnostics and groundbreaking medical interventions, is focused on your baby.





“You helped make an uncertain, stressful situation into one filled with more certainty and hope. We will always be grateful.”

Family whose baby was noted to have an abnormal limb

WHAT YOU CAN EXPECT

Personalized Care

From your first contact with the Center, we try to help ease your anxieties.

At the time of referral, a genetic counselor or nurse practitioner speaks directly with each patient and family to answer any immediate questions and review what to expect from the visit.

When you arrive at the Center, a highly skilled Care Coordinator provides compassionate, individualized attention and helps you navigate through each step of diagnostic testing and consultations with specialists.

One Convenient Location

Your care is provided in one convenient location in the heart of one of the nation's top children's hospitals.

Leaders in Children's Health

Our hospital is the only tri-state hospital listed on the 2011 *U.S. News & World Report* “America's Best Children's Hospitals” Honor Roll and one of only ten children's hospitals nationally to be ranked in all ten clinical specialties.

Coordination of Appointments

To reduce travel time and multiple visits, as many appointments as possible are scheduled for one day.

Insurance Authorization

Financial Coordinators at the Center will review your insurance benefits and obtain authorization for you to be seen by multiple specialists.

Care Conference

You and your family members meet with all specialists on your care team for a summary of diagnostic findings, together with a recommended plan of treatment. Our multidisciplinary team is available to listen to your concerns, provide answers to your questions, and clarify your expectations. Decisions on treatment plans are always at the discretion of the patient, her family and her referring physician. Our goal is to provide accurate, comprehensive information to empower patients to confidently make informed decisions.

Weekly Multidisciplinary Conference

Central to the care you receive at the Center is our weekly multidisciplinary Prenatal Pediatrics Conference. Here, each patient's unique situation is presented to prenatal and pediatric practitioners across all specialties. Results from diagnostic tests, consultations and expert opinions are reviewed. This collaboration allows us to provide the most comprehensive information and treatment options to patients.



OUR TEAM

Personalized and compassionate patient care at the Center is led by an interdisciplinary team of leading maternal-fetal medicine specialists who treat pregnancies where a baby has a known or suspected birth defect. These professionals work together in one centralized location to provide all diagnostic, clinical and support services before and after birth.

- o Neonatologists
- o Pediatric cardiologists
- o Pediatric surgeons
- o Geneticists and genetic counselors
- o Physicians from all pediatric subspecialties
- o Pediatric nurses, including Neonatal Intensive Care Unit nurses

To learn more about our physicians, programs or specialties visit our website at childrensnyp.org/mschony.

OUR CLINICAL SPECIALTIES

- o Pediatric Cardiology
- o Ultrasound & MRI Imaging
- o Maternal Fetal Medicine
- o Neonatology
- o Genetics
- o Pediatric Surgery
- o Neurosurgery
- o Cardiothoracic Surgery
- o Laser Treatment for Twin-to-Twin Transfusion Syndrome (TTTS)
- o Pediatric Extracorporeal Membrane Oxygenation Therapy (ECMO)
- o Orthopedics
- o Urology
- o Craniofacial Surgery
- o Family Planning

Visit our website for more specific information about any of these specialties. childrensnyp.org/mschony



“Everyone that we met with at the Center was sensitive to our situation and needs and always very respectful. We were very impressed with how all the providers were aware of the details of our situation before they met with us.”

Family whose baby was found to have a genetic chromosomal abnormality

DELIVERING YOUR BABY AT THE CENTER

A comfortable, renovated labor and delivery floor featuring high-risk monitoring facilities is integrated into the NewYork-Presbyterian Morgan Stanley Children’s Hospital — one of only a handful of fetal care centers within a children’s hospital in the entire country. Morgan Stanley Children’s Hospital is part of NewYork-Presbyterian Hospital/ Columbia University Medical Center, a world-renowned academic medical center where expert care is available to both mother and baby.

- o Immediate neonatal critical care and newborn management are available at birth.
- o We can provide highest level of support you or your newborn may require.
- o We have the specialized staff, newest technologies and breakthrough therapies necessary to care for the most critically ill infants.
- o We keep your referring obstetrician informed about your delivery and provide timely updates on the condition of mother and baby.

PATIENT REFERRAL

Self-Referrals

You may call the Center directly to schedule a consultation.

Physician Referrals

A referring physician may call the Center for a consultation or to arrange for co-management or transfer of a patient carrying a baby with an abnormality. Our team coordinates day-to-day communication and follow-up with referring physicians and considers them part of the team.

Second Opinions

When a fetal anomaly is suspected but not confirmed, you may want to see a specialist at the Center for a second opinion. Some patients return to their obstetrician for delivery at their local hospital. Other patients transfer their care to the Center to ensure their baby receives specific specialized pediatric care at birth.



YOUR CHOICE FOR PRENATAL CARE

The Carmen and John Thain Center for Prenatal Pediatrics takes a comprehensive, family-centered approach to caring for you and your baby, while giving you a single point of access to some of the nation's best maternal, fetal and pediatric doctors, compassionate support, and latest advances in prenatal care.

We understand what it means to suddenly be transitioned from a low-risk pregnancy to a high-risk one. From your first contact with the Center, we are here to “hold your hand” — managing your care every step of the way and providing support to you and your family throughout your care.



Our doctors and staff work across multiple specialties as a truly collaborative group, which we believe results in the best possible outcome for you and your baby.

When a fetal anomaly is suspected, we want to be your care team. We are here to provide the support and expert clinical care you need.

SCHEDULE AN APPOINTMENT

Call 1-877-THE-BABY

Upon suspicion of a fetal anomaly, you or your referring physician can call the Center to schedule a consultation. A Care Coordinator will work with you to:

- o Acquire medical records
- o Answer questions
- o Help determine the specialist you need to see
- o Provide support
- o Schedule and coordinate your appointments
- o Coordinate and verify insurance coverage for each specialty

A LEADING CENTER

- o NewYork-Presbyterian Hospital/ Columbia University Medical Center ranked #6 in the nation by *U.S. News & World Report*.
- o NewYork-Presbyterian Morgan Stanley Children's Hospital named one of America's Best Children's Hospitals by *U.S. News & World Report*.
- o More of America's top doctors than any other hospital in the nation.
- o Our Maternal-Fetal Medicine Division designated a Regional Perinatal Center, the highest hospital classification, able to care for the most complex, highest-risk cases.
- o One of the largest and most experienced maternal-fetal medicine teams in the country, with over half of all deliveries designated high-risk or increased risk.
- o One of the first centers in the world to successfully perform a pediatric extracorporeal membrane oxygenation (ECMO) therapy for infants with life-threatening heart/lung failure.
- o Leaders in New York State for best outcomes for surgeries performed on children with congenital heart defects.
- o One of just 10 centers nationwide performing minimally-invasive laser surgery for Twin-to-Twin Transfusion Syndrome (TTTS), repairing abnormally connected fetal blood supply within a shared placenta.

For more information about any of our physicians, programs, clinical specialties, and directions to the Center, visit our website.

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